

9/25/15 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

KNOW YOUR GOVERNMENT

Which of the following activities does the House Rules Committee control?

- a) Scheduling what bills to debate and when they are debated
- b) Selecting who will speak during floor debate
- c) Appointing members for standing committees
- d) Selecting the Speaker of the House

*See below for the answer

###

FEMA

AMERICA'S PREPAREATHON!

www.ready.gov/prepare | CONTACTS | cari.roberts@icfi.com | Daniel.Nyquist@fema.dhs.gov
More info on Taking Action, Being Counted, and Spreading the Word -
<http://www.colorado.feb.gov/index.php>

FEMA Corps Now Accepting Applications | Apply at www.NationalService.gov/FEMA-Corps

If you or someone you know, is a teen or Campus Community Emergency Response Team (CERT) participant in their senior year of high school, joining FEMA Corps may be an option to consider after graduation. The **deadline to apply is October 1, 2015 at 11:59 PM ET.**

FEMA Corps is a 10 month, full-time National Service program for 18-24 year olds. These young adults serve on disaster projects developed by the Federal Emergency Management Agency (FEMA) in communities throughout the nation. Since the program began in 2012, more than 2,500 FEMA Corps members have contributed 3.3 million hours assisting disaster survivors, strengthening individual and whole community resilience, and helping FEMA respond to large scale events.

###

THE NATIONAL ARTS PROGRAM | Registration Deadline 9/30/15

Never hide your talent! The new After Hours Employee Art Show is coming this fall! After three successful years we are improving the After Hours Employee Art Show by partnering with the National Arts Program® (NAP).

The show is open to all federal state, and local employees as well as contract employees in the state of Colorado and their families, and Colorado federal retirees. Don't miss this chance for your employees and their immediate family members and Colorado federal retirees to be recognized for their creativity! Visit The National Arts Program® website where you can find more information about the program and your employees can upload photographs of their artwork: www.nationalartsprogram.org. We encourage you or a member of your family to register for the art show!

REGISTER ONLINE | <http://www.nationalartsprogram.org/venues/state-of-colorado-federal-government>

CONTACTS | Michelle Saar 303 236 8086 or Janet Paladino 303 236 2967

###

SEPTEMBER CALENDAR

NATIONAL PRESCRIPTION TAKE-BACK DAY

September 26, 2015 | Various Locations

<https://www.chcoc.gov/content/national-prescription-drug-take-back-day-september-26-2015>

###

IPMA-HR 2015 INTERNATIONAL TRAINING CONFERENCE & EXPO

September 26-30, 2015 | Denver CO | Register www.ipma-hr.org/itc2015/welcome

Please join Mr. William Bonds, Group Director, Center for Leadership Development U.S. Office of Personnel Management and others as they discuss HR issues with the theme "Together We Can Move HR Mountains".

###

NATIONAL STRATEGY – CATALYZE A TRAUMA

September 29, 2015 | 9:45 am - 3:30 pm MST

September 30, 2015 | 10:00 am - 3:20 pm MST

Bryon Rogers Federal Building | 1961 Stout Street, 2nd Floor, Mount Evans A & B, Denver, CO

The United States is experiencing a public health crisis: an epidemic of trauma, violence and toxic stress. In response, efforts to create trauma-informed change are growing exponentially across the nation. Amplifier sites across the nation will be watching and interacting with the live event in Washington, DC on "Building a Trauma Informed Nation, Moving the Conversation Into Action".

The two days will be divided into Catalyst Sessions: COMMUNITIES, THE JUSTICE SYSTEM, HEALTH CARE and EDUCATION. Presentations will highlight effective collaborations, promising practices, programs at the state and local levels, as well as first-person experiences, including workforce systems and worker issues. Following the presentations, interactive sessions will facilitate participant discussions and strategic action planning.

The Region VIII National Prevention Strategy, Mental and Emotional Well Being Committee is hosting an amplifier site and cordially invites cordially you to attend our amplifier site in downtown Denver, Colorado. Light refreshments will be provided. We also have a cafeteria available, but we encourage you to bring water and snacks.

Please register | <https://www.surveymonkey.com/r/TraumaInformedNation>
<https://www.blsmettings.net/traumainformednation/index.cfm>

###

OCTOBER & BEYOND

HR/SUPERVISOR TRAINING

Classes are 8:30 am - 3:00 pm | DFC Bldg 25

10/6/15 | Preventing Hostile Work Environment Claims | \$80

Online registration & Payment required | <https://colorado.feb.gov/register/?ee=282>

11/17/15 | Basics of Performance Management | \$80

Online registration & Payment required | <https://colorado.feb.gov/register/?ee=283>

TRAINER | Bart Dubinsky

Bart is a former Human Resources and Agency Workforce Relations Officer (with the Nuclear Regulatory Commission, HHS and Interior). Bart's 30 years of Federal sector HR experience includes all of the HR functional areas, (e.g., workforce and succession planning, position classification, diversity and outreach, staffing and recruitment, training and development, employee and labor relations, ethics, performance management, and benefits). Bart has a Bachelor's degree in Business from the University of Missouri and J.D. from Texas Wesleyan University School of Law. Bart is also a state certified Mediator.

###

BUREAU OF RECLAMATION'S DIVERSITY SPEAKER EVENTS

October 14, 2015 | PBS Documentary "*La Raza De Colorado: El Movimiento*"
Denver Federal Center | Bldg. 67 Rio Grande Conference Room

This film examines the Colorado Chicana Movement during the turbulent 1960s and 1970s. Riveting first-hand accounts speak to the significant social issues of our time: identity, racial conflict, civil rights and cultural pride. Rare film footage, archival photographs, extensive interviews and period music bring the era to life.

Antoinette Urioste | 303 445 2689 | aurioste@usbr.gov

###

FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE MEETING

October 21, 2015 | 9:30 - 11:00 am | DFC Bldg 41 | Lakewood CO

RSVP COB 10/19/15 to Melanie Wood | 303 312 6007 | wood.melaniel@epa.gov or Lisa Haskins | 303 236 2414 | lisa.haskins@gsa.gov

Executive Order 13693, Planning for Federal Sustainability in the Next Decade was announced in March 2015 (<http://www.fedcenter.gov/programs/eo13693>). The EO calls on federal agencies' regional offices to coordinate implementing the goals of the EO. The regional offices of GSA and EPA are tasked to convene regional interagency workgroups. Ms. Sue Damour, the Regional Administrator for GSA and Mr. Rick Buhl, the Assistant Regional Administrator for EPA will chair the October meeting.

All federal agency executives, with one or twenty vehicles in the agency fleet are invited. The topic is sustainable operations of federal fleet vehicles. Learn how federal agencies are planning to meet the targets of the EO. In addition to fleet vehicles the EO identifies; water resource management and drought response opportunities; climate change preparedness and resilience planning in coordination with state, local and tribal communities; and opportunities for collective procurement of clean energy to satisfy energy demand for multiple agency building.

###

CFEB QUARTERLY MEETING & TRAINING FORUM

October 22, 2015 | 7:30 – 11:00 am | Lakewood CO | Registration Deadline 10/16/15

\$28 (includes breakfast) | ONLINE REGISTRATION REQUIRED

<https://colorado.feb.gov/register/?ee=257>

STRATEGIC COMMUNICATIONS (aka W.A.I.T. – Why Am I Talking)

- ♦ Why are you talking?
- ♦ Do you know?
- ♦ Do you know what you should or should not be saying?
- ♦ Are you saying it the right way, to the right audience through the right medium?
- ♦ Is your messaging adapting as the situation develops and changes?

W.A.I.T. uses scenarios designed to provide you the tools needed to understand and develop an effective communication strategy for internal/external communication as well as media operations. This course will also walk you through how to interpret media questions, how to develop a response and how to keep continuity between internal and external audiences.

TRAINERS | VA Office of Public and Intergovernmental Affairs, Region 5
PAUL SHERBO, Director | **ELAINE BUEHLER**, Assistant Director

###

CFEB / YGL VOLUNTEER OPPORTUNITIES ON MAKE A DIFFERENCE DAY

October 24, 2015 | REGISTRATION DEADLINE 10/2/15

<https://colorado.feb.gov/register/>

On October 24th, millions of volunteers across the nation will unite with a common mission – to improve the lives of others. A USA TODAY initiative of the Gannett Corp., and in collaboration with Points of Light, Make a Difference Day is the largest national day of community service in America.

The Colorado Federal Executive Board (CFEB) and Young Government Leaders (YGL) are proud to offer federal employees, retirees, and your families the opportunity to volunteer for the projects listed below. You can read about each project and register as a volunteer by going to the link listed after each project.

Rocky Mountain Honor Flight | <https://colorado.feb.gov/register/?ee=293>

The Horse Protection League | <https://colorado.feb.gov/register/?ee=294>

Freedom Service Dogs of America | <https://colorado.feb.gov/register/?ee=295>

Volunteers of America | <https://colorado.feb.gov/register/?ee=296>

Project Angel Heart | <https://colorado.feb.gov/register/?ee=297>

Mile High Montessori | <https://colorado.feb.gov/register/?ee=298>

Homeless Veterans Mats | <https://colorado.feb.gov/register/?ee=299>

Habitat for Humanity | <https://colorado.feb.gov/register/?ee=300>

Volunteers for Outdoor Colorado | <https://colorado.feb.gov/register/?ee=301>

Loveland Habitat for Humanity | <https://colorado.feb.gov/register/?ee=302>

The Action Center | <https://colorado.feb.gov/register/?ee=303>

Denver Urban Debate League | <https://colorado.feb.gov/register/?ee=304>

NOTE | If you plan on volunteering for another organization on October 24, please let us know so we can add your time in our grand total. You can email your name, name of the organization and the number of hours you worked to maryjane.pendl-trigilio@va.gov.

FOR MORE INFORMATION

Mary Jane Pendl-Trigilio | 720 979 7549 | maryjane.pendl-trigilio@va.gov

Christy McCurdy | 303 231 3422 | christa.mccurdy@onrr.gov

###

HUMAN RESOURCE RESPONSE TO DISASTERS & TRAUMATIC GRIEF

October 27, 2015 | 10:00 am – Noon | Lakewood CO

Free | ONLINE REGISTRATION REQUIRED | <https://colorado.feb.gov/register/?ee=285>

WORKSHOP TOPICS

- ♦ Understanding Incident Stress, Traumatic Grief and what each of you can do
- ♦ Human Resource Processes, Procedures, and Actions for Dealing with Disasters
- ♦ Human Resource Communication Templates
- ♦ Employee Assistance Program resources

TRAINERS

Roger L. Jones PMP, MPCP, MEP, MBCI, CAP | Emergency Management Specialist, DOI IBC

Donna Vallejos | Emergency Management Specialist, GSA

###

7TH ANNUAL DENVER VETERANS DAY RUN

November 8, 2015 | 7:00 am | Auraria Campus | 777 Lawrence St, Denver, CO

http://www.runningguru.com/EventInformation.asp?eID=13241&utm_source=Colorado+Veterans+Project+-+All+Contacts&utm_campaign=783dcfc120-

###

MILITARY FAMILY FIRST DINNER

November 14, 2015 | 5:00 - 10:00 pm | Colorado Springs CO

Register Online | www.ppymca.org/register | Search "2015 Military Family First Dinner"

- ♦ FREE Dinner for active duty personnel & immediate family
- ♦ Fun prizes & activities
- ♦ Children's entertainment provided

###

CAREER MENTORING FORUM by Federal Executives for Federal Employees

November 19, 2015 | 11:30 am - 12:30 pm | Denver CO

FREE | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=305>

Need some career advice?

Looking for tips on moving up within the federal government?

Then this is the workshop for you! The following federal executives will share information about their career journey, including, but not limited to their challenges, inspirations, successes, and work life balance, followed by an open forum Q&A with all participants.

- ♦ Kristi Barrows, DHS Citizen & Immigration Service, District Director
- ♦ Susan Quinlan, Government Accountability Office, Assistant Director
- ♦ Martin Quinlan, DOI Business Integration Office Co-Director

QUESTIONS | Contact CFEB Workforce Development Council Officers

Chair | Angela Hardin | angela.hardin@ssa.gov | 303 844 0868

Vice Chair | Gay Dugan | Gay.dugan@dot.gov | 720 963 3473

Secretary | Martin Cobb | martin.cobb@gsa.gov | 303 236 7698

###

FERS RETIREMENT CLASSES

9/29/15 | Lakewood CO (2 seats available)

\$130 | <https://colorado.feb.gov/register/?ee=245>

12/3/15 | Lakewood CO

\$130 | <https://colorado.feb.gov/register/?ee=287>

###

FEDERALLY EMPLOYED WOMEN (FEW) DENVER FEDERAL CENTER CHAPTER

<http://rockymountainfew.org/>

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees. Topics include Leadership, Management and Supervision, Acquisition Management, FAC-P/PM, Financial Management and Budgeting, Project Management, and Oral/Written Communication.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |

<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Meet on Tuesday's | 11:30 am - 12:30 pm | DFC Bldg 56, Buffalo Bill Conference Room
\$20 enrollment fee plus \$36 membership fee then \$36 semi-annually thereafter

<http://damgoodspeakers.toastmastersclubs.org>

Amy Sjerven | 303 445 2849 | asjerven@usbr.gov

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=78&page=VanPools>

If you would like the CFEB to add your van or carpool to the web site, email the information to gpage@colorado.feb.gov

###

HEALTH DOES MATTER

FEDSTRIVE Wellness & Health Promotion Services Newsletter

<http://content.govdelivery.com/accounts/USHHSFOHFEDSTRIVE/bulletins/1123584>

<https://fedstrive.foh.hhs.gov/>

NEW Wellness Activity! – Mile High Walking Club

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

Every Thursday | 11:30 am – 12:00 pm | Denver Federal Center Bldg. 40 Entrance W3 Rm A1115 (nursing clinic) | Free, open to all Federal employees & contractors

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

AMERICAN RED CROSS BLOOD DONATIONS

<http://www.redcrossblood.org/2015-summer>

###

LIGHTEN UP!

Get your facts first, then you can distort them as you please. - **Mark Twain**

###

PETS OF THE WEEK

Adopt a pet and save a life

May Bee | Blood Hound | Female | 9 months old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Abby (158249) | Cat | Female | 10 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

###

VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

###

JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

OPM, Training & Management Assistance Program, Washington, DC

Deputy Associate Director | ES-0340-00

<https://www.usajobs.gov/GetJob/ViewDetails/415389200>

US Forest Service Region 2

<https://fsoutreach.gdci.com/Outreach/>

National Older Worker Career Center (NOWCC) AGE 55+ | EPA - Denver and Golden, CO

Resource Conservation and Recovery Program Support

https://www.nowcc.org/r/positions/view.aspx?record_id=3521

###

KNOW YOUR GOVERNMENT TRIVIA ANSWER

The answer is B: The House Rules Committee decides what bills to debate and when to debate them. This power is important because it gives the House Rules Committee the power to choose to schedule debate on a bill when the bill is likely to pass (or when the bill is likely not to pass, if the House Rules Committee chooses).

*Questions and Answers for Know your Government Trivia is taken from the Cliffs AP; U.S. Government & Politics, AP Test Prep book – **Paul Soifer**

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

###

Have a safe and wonderful weekend!

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email